



2022 ACTIVATE FitCon CEC CHART

(The following are your pre-approved Virtual ACTIVATE FitCon 2022 CECs)

Session	canfitpro*			CSEP	YMCA	NSCA
	PTS	FIS	HWL	W-5	Internal & External	0.9 CEUs CAT A
Kick Off Keynote Presentation	4 CECs	1 PDC per contact hour	pre-approved 14 CECs			
2001 – The Power of Perseverance						
2002 – Simple Circuits				0.15		
2003 – Athletic Flow				0.15		
2004 – Hybrid Training				0.15		
2005 – Virtual Networking						
2006 – Mindset Mastery						
2007 – Next Level Anatomy				0.15		
2008 – Breakdown the BarreBarriers						
2009 – Making it Stick				0.15		
2010 – Body Image				0.15		
2011 – Common Knee Problems				0.15		
2012 – Building Blocks of Cardio Kickbox				0.15		
2013 – How to Stand Out						
2014 – Find Confidence Behind the Camera						
2015 – Bobby Cappuccio				0.15		
2016 – Nutrition for Weight Loss in Midlife				0.15		
2017 – Functional Aging				0.15		
2018 – Mental Immunity						

NOTE: Proof of attendance must accompany this chart. An official certificate will be sent to you within 14 days following the event to confirm your attendance. Other organizations may recognize the CEC's from ACTIVATE FITCON 2022. *It is the participant's responsibility to apply for accreditation and pay any associated fee, unless pre-approved/listed above. Note: a maximum of 4 CECs can be reported to canfitpro for each certification held PTS, HWL, FIS (this is their annual requirement). CECs are not reported automatically. You must submit at time of your renewal. Live attendance or confirmation of code word (from recording) is required for CEC distribution from ACTIVATE Administration.