



2024 ACTIVATE FitCon CEC CHART

(The following are your pre-approved ACTIVATE FitCon 2024 CECs)

Session	canfitpro			Yoga Alliance	YMCA	NSCA
	PTS	FIS	HWL		Internal & External	Pending
2000 – Growth 360 LIVE!	4 Full CECs approved	1.5 CECs provided by Lisa Greenbaum for attending session #2013	14 Internal & External CECs Approved			
2001 – Better Together						
2002 – Make a Difference with Your First Book						
2003 – Group Cycling						
2004 – The Hips Don't Lie						
2005 – Body Weight Training						
2006 – Nutrition Fundamentals						
2007 – TRX Circuit						
2008 – Lifting Technique						
2009 – Pushing for Power						
2010 – The 10 Values						
2011 – Bollywood Fusion						
2012 – Female Cycle Considerations						
2013 – Yin & Restore						
2014 – 3 Ingredients of Marketing						
2015 - LTS Strength & Stretch						
2016 – The Foot Foundation						
2017 – Building and Online Coaching Program						
2018 – Mobility, Stability and Recovery						
2019 – The Science of Aging Well						
2020 – Putting Personal Back in Training						
2021 – Blood Testing and Your Health						

NOTE: Proof of attendance must accompany this chart. An official certificate will be sent to you within 14 days following the event. In order to obtain a CEC certificate, you must attend a minimum of 8 contact hours (excluding breaks). A maximum of 4 CECs can be reported to canfitpro for each certification held PTS, HWL, FIS (this is their annual requirement). CECs are not reported automatically. You must submit on your own at the time of renewal. This live event fulfills your full YMCA 14 Internal and External CEC requirement. Other organizations may recognize the CECs from ACTIVATE FITCON 2024 based on the petition. It is the participant's responsibility to apply for accreditation and pay any associated fee, unless pre-approved/listed above.