



2024 FitPalooza Schedule of Activities

Time (Eastern Standard - EST)	Location	PUBLIC Fitness Classes
Saturday, April 13th, 2024		
Upon Arrival	Registration Desk	Please Check in at at Registration Booth
ALL Day	Atrium	Marketplace Expo - massage, samples, demos, and more!
10:00am - 10:30am	Gymnasium	Caribbean Fit Fete with Tarrah Mauricette
10:45am - 11:15am	Gymnasium	Brazily Dance with Team Brazily
11:30am - 12:15pm	Gymnasium	Body Weight Strength with Jessica Chiarello
12:45pm - 1:15pm	Gymnasium	EveryBODY Activated! with Alan Faigal
1:30pm - 2:15pm	Gymnasium	A LeBOOT Exclusive Experience with Marc Lebert
2:30pm - 3:00pm	Excentricité	Unwind with Yoga
2:30pm - 3:30pm	Gymnasium	Boot Camp Fitness with SGT Ken®
* This schedule may be subject to change		