2025 ACTIVATE FitCon CEC CHART

(The following are your pre-approved ACTIVATE FitCon 2025 CECs)

Session	canfitpro			Yoga Alliance	YMCA	NSCA
	PTS	FIS	HWL		Internal & External	Pending
2000 – Growth 360 LIVE!	4 Full CECs approved			1.5 CECs provided by Sangha Yoga Collective for attending session #2006	10 Internal & External CECs Approved	
2001 - Dance Fitness Mash-Up						
2002 - Nutrition Periodization						
2003 - Mat Pilates						
2004 - Squat MasterClass						
2005 - The Future of Fitness						
2006 - Yin & Restore						
2007 - Understanding ADHD						
2008 - Nordic Walking						
2009 - Kickboxing & Bodyweight						
2010 - Unlocking Mobility						
2011 - Ageless Strength						
2012 - Neuro-Linguistic Programming						
2013 - Pelvic Floor						
2014 - Breathing						
2015 - BodyWeight HIIT						
2016 - A Holistic Approach to Food, Recovery, and Lifestyle						
2017 - Beyond the Basics						
2018 - The Neurological Bench Press						
2019 - Core & Restore						
2020 - Leveraging Biomechanics in Rehab						
2021 - Brain & Body						
2022 - Business Growth						

NOTE: Proof of attendance must accompany this chart. An official certificate will be sent to you within 14 days following the event. In order to obtain a CEC certificate, you must attend a minimum of 8 contact hours (excluding breaks). A maximum of 4 CECs can be reported to canfitpro for each certification held PTS, HWL, FIS (this is their annual requirement). CECs are not reported automatically. You must submit on your own at the time of renewal. This live event fulfills 10 YMCA annual Internal and External CEC requirements. Other organizations may recognize the CECs from ACTIVATE FITCON 2025 based on the petition. It is the participant's responsibility to apply for accreditation and pay any associated fee, unless pre-approved/listed above.