2026 ACTIVATE FitCon CEC CHART

(The following are your pre-approved ACTIVATE FitCon 2026 CECs)

Session	canfitpro			YMCA	NSCA
	PTS	FIS	HWL	Internal & External	PENDING
2001 – Core & Restore	4 Full CECs approved			10 Internal & External CECs Approved	
2002 – The Dopamine Advantage					
2004 – Circuit Design					
2005 – The Fundamentals of Strength Training					
2006 – Essential Health Infrastructure					
2007 – Recover to Perform					
2008 – A Movement MashUp					
2009 – Peri & Post Menopause					
2011 – Bands, Bars and Bodyweight					
2012 – Coaching the Moment					
2013 – What is Hyrox?					
2014 – Training for Optimal Knee Health					
2015 – Ignite the Parasympathetic through Sound					
2016 – Neural Nitro					
2017 – Walk & Talk					
2018 – Rehab Revolution					
2019 – Restored by the Rain					
2020 – Strength that Lasts					
2021 – Lies, Fries and Chicken Thighs					
2022 – Top 5 Cash Flow Leaks					

NOTE: Proof of attendance must accompany this chart. An official certificate will be sent to you within 14 days following the event. In order to obtain a CEC certificate, you must attend a minimum of 8 contact hours (excluding breaks – keynote, lunch and social not included). A maximum of 4 CECs can be reported to canfitpro for each certification held PTS, HWL, FIS (this is their annual requirement). CECs are not reported automatically. You must submit on your own at the time of renewal. This live event fulfills 10 YMCA annual Internal and External CEC requirements. Other organizations may recognize the CECs from ACTIVATE FITCON 2026 based on the petition. It is the participant's responsibility to apply for accreditation and pay any associated fee, unless pre-approved/listed above.